

Pauline YVARD

Personal details

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Current Situation

Postgraduate student in first year of Master Degree "Movement, Sport, Health" at the **University of Rennes** and at the **Ecole Normale Supérieure**.

Subjects Studied: Analysis of human movement, normal or pathological, physiological adaptation to training, interactions between physical activity, nutrition and health, pathological population knowledge, research methods, together with English.

Research Project: Preoperative brain metabolism and freezing of gait after subthalamic nucleus stimulation in Parkinson's disease in collaboration with the **Institute of Clinical Neurosciences of Rennes**.

Education

2014 - 2015: **University of Rennes 2** combined with **ENS Rennes, France**.

Obtained French Degree with honors specializing in Education and Movement.
2 Research projects: "Physiological influences of different cadences using a judo specific exercise" and " The effects of prolonged exercise on choice reaction time of expert football players".

2013: Obtained a professional gymnastics qualification.

2012-2014: **Sport Sciences and Physical Education Degree, University of Caen, France**

2012: **Lycée Louis Liard, Falaise, France:** French Baccalaureate (equivalent of A-levels) with distinctions.

Professional experience

Summer 2014-15: **Activity Leader and Health Assistant** in sports camps (Clairefontaine-en-Yvelines, Sainte-Florinne, France)

Summer 2013: **Personal Assistance** in a retirement home with Alzheimer patients, treatments and housework (3 weeks).

Summer 2012: **Au pair** in United States (Boulder, Colorado) for 6 weeks in a family with 2 children of 4 and 6 years old.

2008-2015: **Volunteer Coach** in a gymnastics club, Falaise, France.

Skills

Language: - English: Working and conversational knowledge
- Spanish: Average level

Computer: Able to use professional computer tools

Health: PSC1 (Prevention and civic emergency: level 1)

Others

Leisure: Gymnastics, Running

Academic Interests: Cognitive Psychology, Neurosciences, Brain Disease

In the laboratory of Medical Physics, I am working on the Parkinson's project which aims to deliver an exergaming platform according to the needs and possibilities of Parkinson's patients. I also take part in the electroencephalography experiments which are achieved on the laboratory.

